



Cricket challenge pack 2024





Welcome to the Cricket Wales 2024 cricket challenge pack

**Thank you for downloading the Cricket Wales cricket challenge pack!
We are really excited to release the third challenge pack
in partnership with Cricket Wales.**

**In this pack there are challenges suitable for each
section. This can be completed in your unit or as
individuals.**

**Not only will you learn about girls' cricket and complete
the activities in the pack, but you can also earn yourself
an exclusive Cricket Wales/ Girlguiding Cymru badge.**

**Our aim is to work together to provide a fun, safe and
friendly environment for girls to experience cricket and
enjoy the positive effects that playing cricket can give
to girls. We want girls to say 'Cricket is a game for me!'**

**We'd love to see pictures of you completing the
challenges!**

**Please upload your pictures on social media and use
these hashtags:**

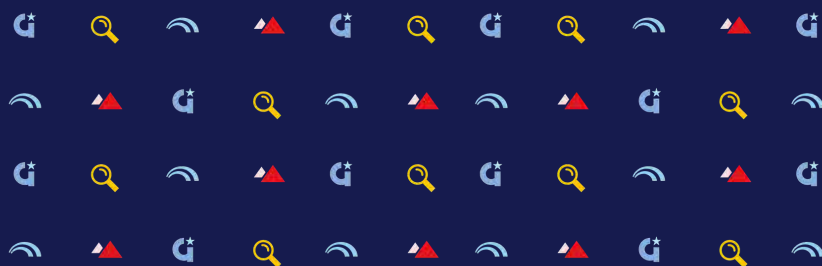


**f @CricedCymru
t @CricketWales
d @cricketwales
#CricketWales
#WeAreWelshCricket**

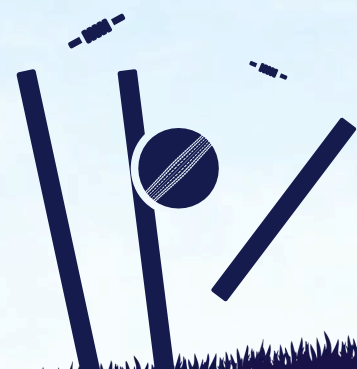
**f @GirlGuidingCymruWales
t @GuidingCymru
i @girlguidingcymru
d @girlguidingcymru
#GirlGuidingCymruCricket**



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Croeso!

Welcome to the 2024 Cricket Wales challenge pack

We are excited that you have picked up this pack to find out more about cricket and work through some of the challenges we have set for you.

Our professional women's teams are excited to share their stories and for you to find out more about them throughout your journey in this pack.

Enjoy yourselves and we cannot wait to see you with your cricket challenge pack badge!



Activity 1



All about me

Complete the All about me sheet for the Cricket challenge.
Download the sheets [here](#) or via the QR code.



CRICED CYMRU
CRICKET WALES

WELSH FIRE
TAN CYMBREIG

Girlguiding
Cymru

All about me

My name is _____

Unit _____

I live in _____

My favorites

Food _____

Colour _____

Subject _____

Sport _____

Animal _____

Badge _____

What do you like about cricket

- _____
- _____
- _____
- _____

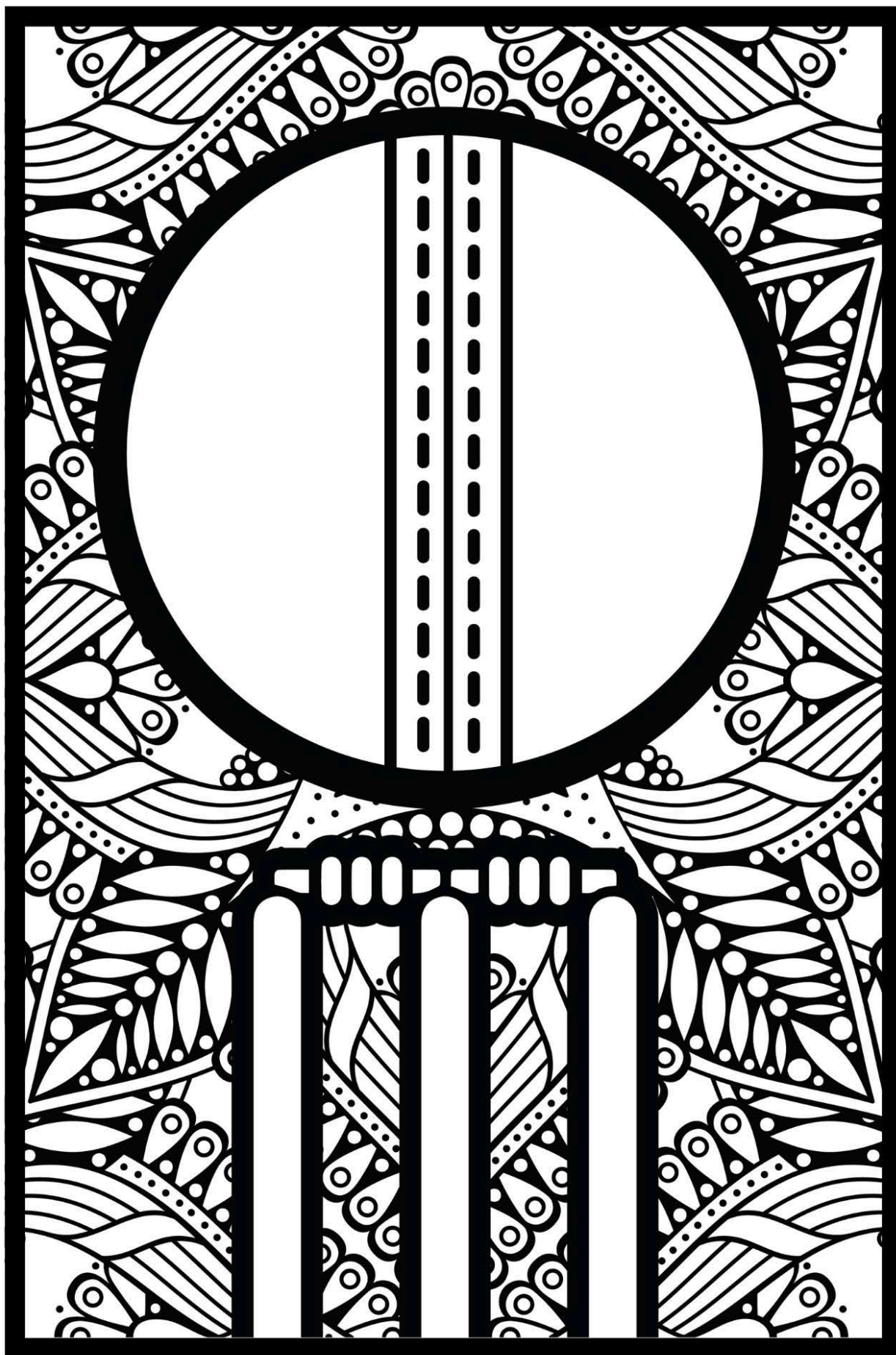
Fun facts about me



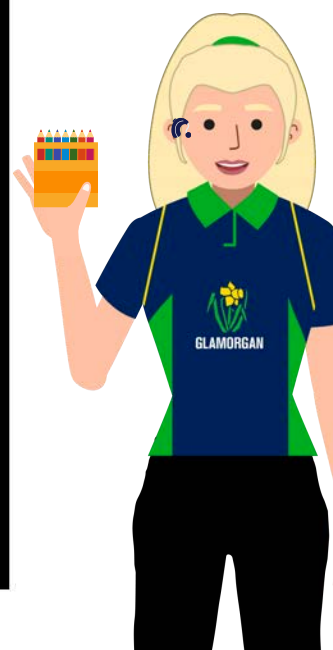
Activity 2



Colour me in



Download
the sheet
[here](#) or via
the QR code
on page 6



Activity 3



Name the Welsh Fire players



Name the players

1. _____ Matthews

2. _____ Beaumont

3. _____ Griffiths

4. _____ Nicholas

Activity 4



Design your kit



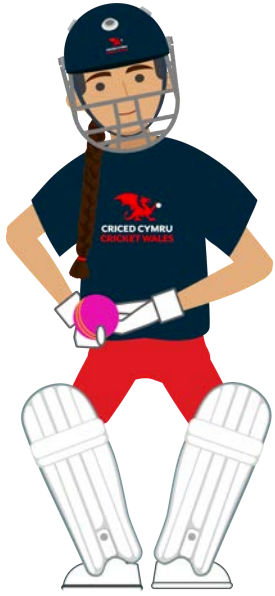
Why did you choose the colours?

Why did you chose the design?

Activity 5



Match the skill and position



Wicket Keeper



Bowler



Batter



Fielder

Stops the ball from getting to the boundary

Aims the ball at the stumps

Tries to score lots of runs

Can use gloves to stop the ball

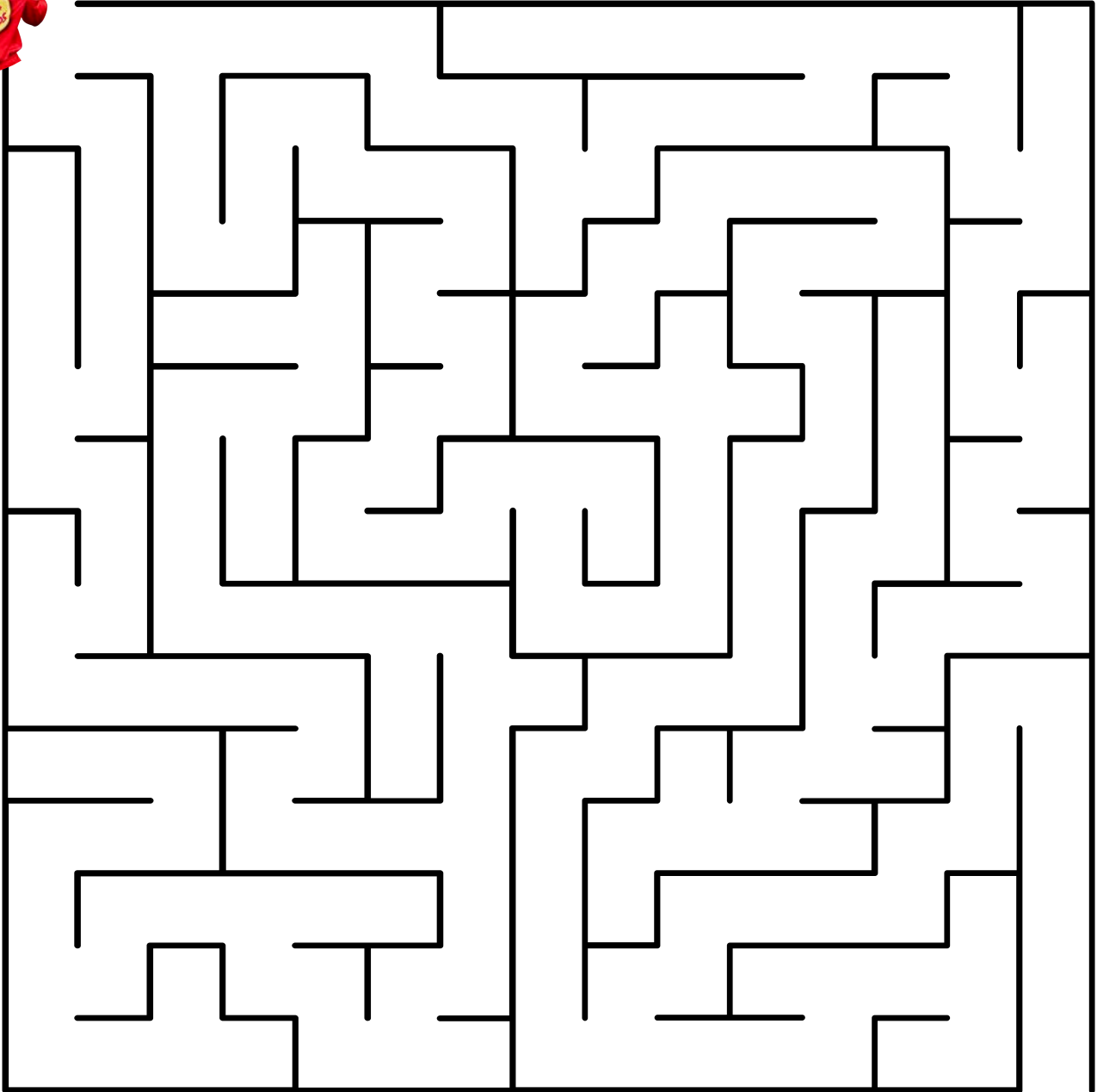
Activity 6



Find the bat



Alex needs help to find her bat! Can you help her?



Find the words

E	K	E	B	O	U	N	D	A	R	I	E	S	L
L	R	N	P	O	W	E	R	F	U	L	I	O	T
W	D	D	N	R	C	R	I	C	K	E	T	O	N
H	C	E	F	U	N	U	G	D	S	U	R	U	S
S	T	C	H	A	L	L	E	N	G	E	E	W	L
H	O	W	Z	A	T	E	E	S	A	E	E	L	U
O	T	T	T	S	E	B	T	N	G	E	A	A	E
C	E	T	A	Z	E	E	Z	A	P	B	E	I	E
A	A	U	G	C	K	T	R	K	T	S	G	D	U
O	M	A	A	C	A	U	E	F	M	F	O	T	W
I	W	E	I	D	O	O	O	W	A	L	E	S	N
T	O	W	W	C	H	S	T	A	D	I	U	M	S
A	R	H	R	D	Y	N	A	M	O	S	O	C	R
O	K	O	S	S	T	R	E	N	G	T	H	R	D

SWEEP
CRICKET
STADIUM
DYNAMOS
HOWZAT

COURAGE
WALES
POWERFUL
STRENGTH
CHALLENGE
FUN

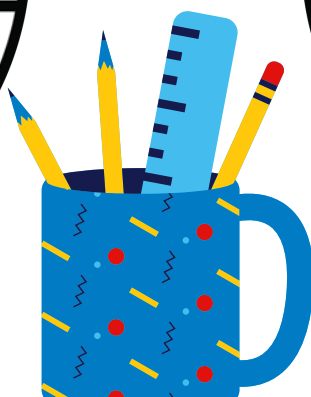
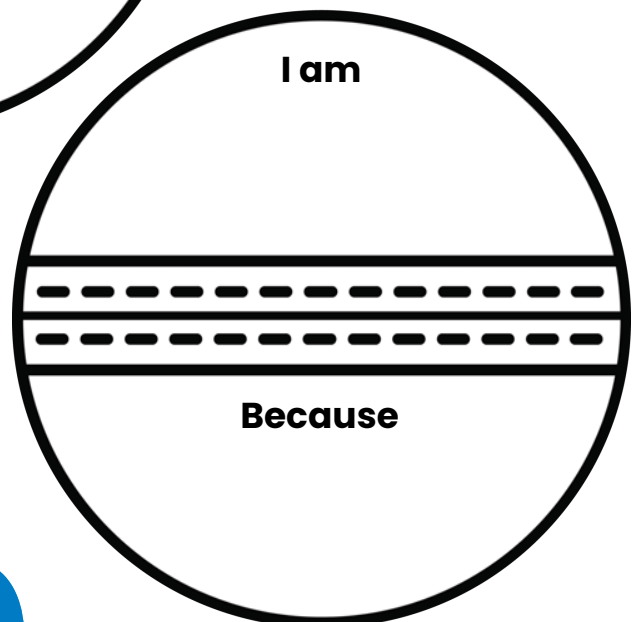
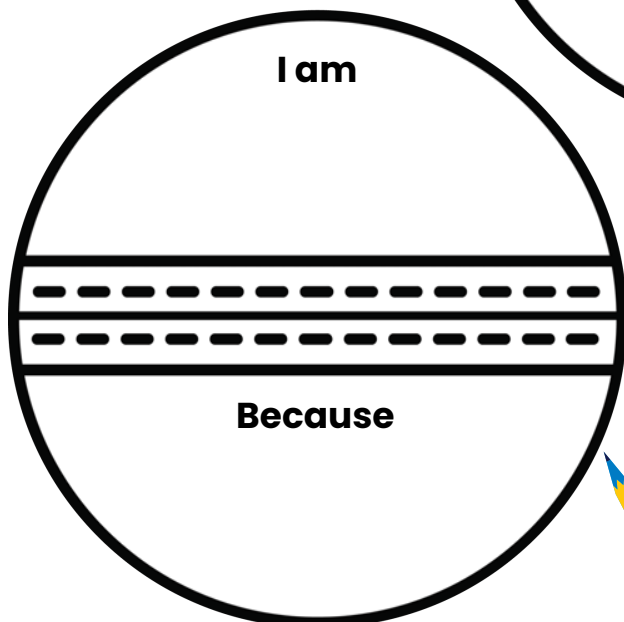
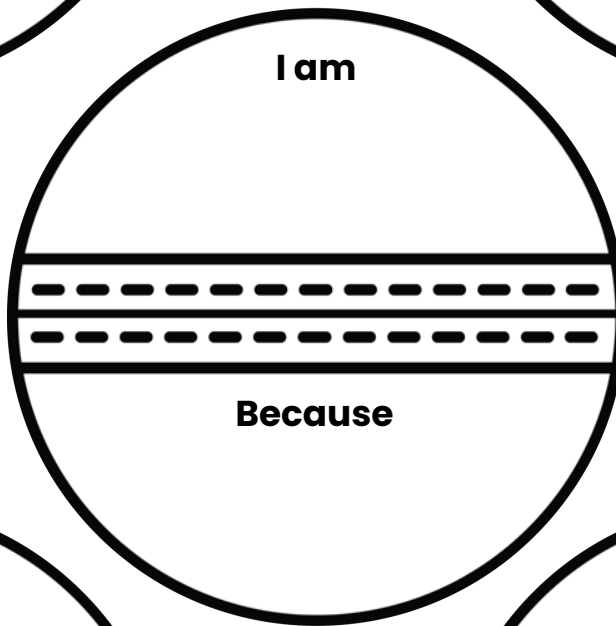
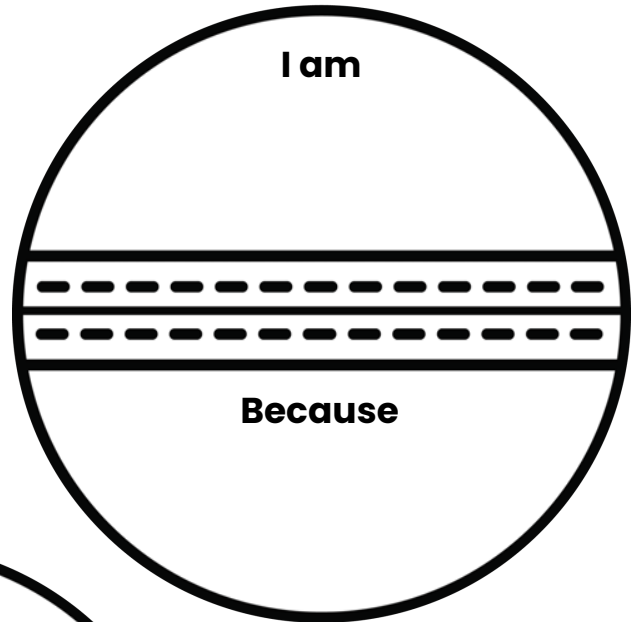
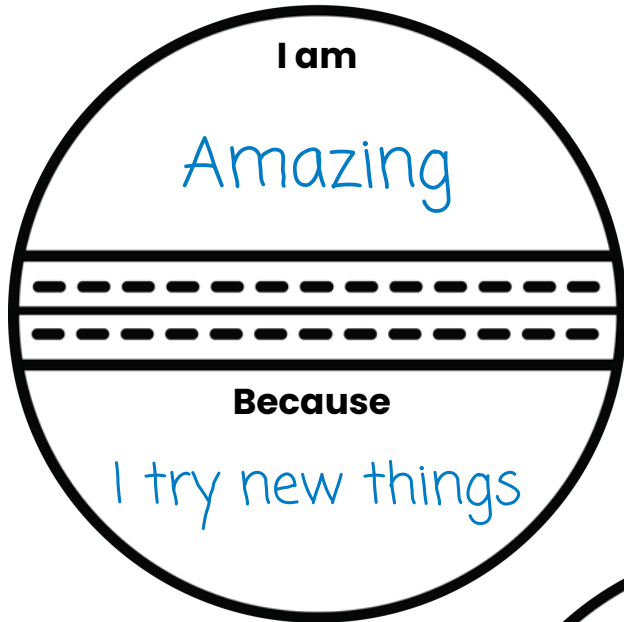
BOUNDARIES
WICKETS
COMPETITION
SOFTBALL
TEAMWORK

Activity 8



I am...

Fill in the cricket balls as shown below



Activity 9



Meet Georgia

9 girls from Girlguiding Cymru had an incredible opportunity to have an online Q&A session with the talented cricketer, Georgia Elwiss!

Watch the video here and write down the following.

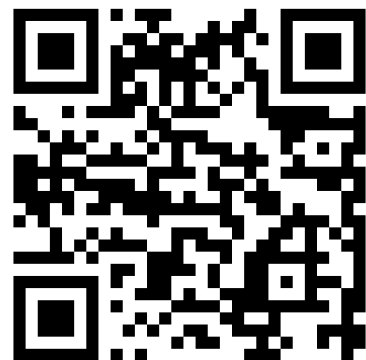


Write down 5 facts about Georgia

- 1 _____
- 2 _____
- 3 _____
- 4 _____
- 5 _____

What was your favourite question?

Watch the [video here](#)



Activity 10



Give it a go!

Here are some of our Fun Cricket Challenges to try at home or in your Girlguiding unit with friends. [Visit Chance to shine on YouTube](#)

Click on the challenges in blue if you are completing this booklet online OR visit and Subscribe to the Chance to Shine Youtube if you print the booklet. Once you've given it a go, write down or tell an adult what you enjoyed about the challenge.

Cricket Wales Challenge	Scores	What I liked most about this challenge
Clap catching		
High catching		
Reaction catching		
Close fielding		
Cricket bowling		
Cricket batting		



CRICED CYMRU
CRICKET WALES



Girlguiding
Cymru



Activity 11



Give it a go!

Here are some of our skills to try at home or in your Girlguiding unit with friends. [Visit Chance to shine on YouTube](#)

Click on the challenges in blue if you are completing this booklet online OR visit and subscribe to the Chance to Shine Youtube if you print off the booklet. Once you've given it a go, write down or tell an adult what you enjoyed about the challenge.

Cricket Wales Challenge	Scores	What I liked most about this challenge
<u>Cool catcher</u>		
<u>Brilliant Bowler</u>		
<u>Super striker</u>		
<u>Creative cricketer</u>		
<u>Ferocious fielder</u>		
<u>Skilful Scorer</u>		

Did you know? There are many opportunities to get involved in cricket – All Stars, Dynamos and Softball from ages 5 upwards. Find out more about girls' cricket teams in your area by visiting the Cricket Wales Women's and Girls' page



Cricket fact quiz

1

First ever

England hosted the first ever Cricket World Cup. It was the Women's World Cup in 1973.



2

Double ton

Belinda Clark of Australia, not Sachin Tendulkar, was the first to smash a double ton in a one day International match. Belinda hit an unbeaten 229 runs off 145 balls against Denmark in Sachin's hometown of Mumbai during the 1997 Women's Cricket World Cup.



3

Captain

Heather Clare Knight OBE (born 26 December 1990) is an English cricketer who is captain of the England women's cricket team.

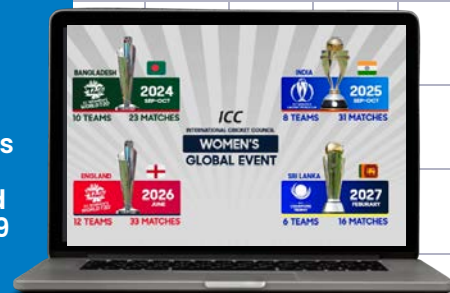


CC BY-SA 4.0

4

T20

England has been confirmed by the ICC as host of the 2026 Women's T20 Cricket World Cup. This will mark the first time the tournament has been held on these shores since 2009 when the hosts lifted the trophy by beating New Zealand in the final at Lord's.



5

Record breakers

Women's cricket broke spectacular new ground once again as a record attendance of 86,174 watched the T20 World Cup final between Australia and India at the Melbourne Cricket Ground.



6

Welsh fire

Claire Nicholas is one of three Welsh players in the squad, along with Alex Griffiths and Kate Cappock



Download the question sheet [here](#)



Activity 14



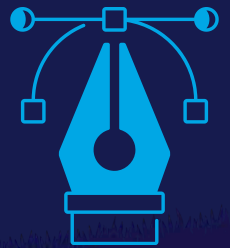
Cricket logo

Time to get creative! Design your dream cricket club!

**Invent a cool name for your team based in Wales, then get sketching!
What will the team colours be?**

**Imagine the roar of the crowd as you capture the logo that perfectly
represents your champion club!**

You can use the space below or use Canva to create your logo.



Activity 15



Supportive friends

Sport can be really fun to participate in, especially if you have lots of friends that play! Imagine Maya and Sian who are part of the blue team are joining the school cricket club for the very first time. Write down 5 things that may encourage them.

1

2

3

4

5

Ayesha and Minnie who are in the white team have been playing cricket for a long time, they really enjoy it! Write down 5 activities you think they could do to make sure Maya and Sian learn the basic skills of cricket so they come back next week:

1

2

3

4

5

Activity 16



Amazing icons

Find out about the icons below and write a few facts about them

Mithali Raj



CC BY 3.0

Claire Nicholas



sophia smale



Hayley Matthews



CC BY 3.0

Enid Bakewell



Alex Griffiths

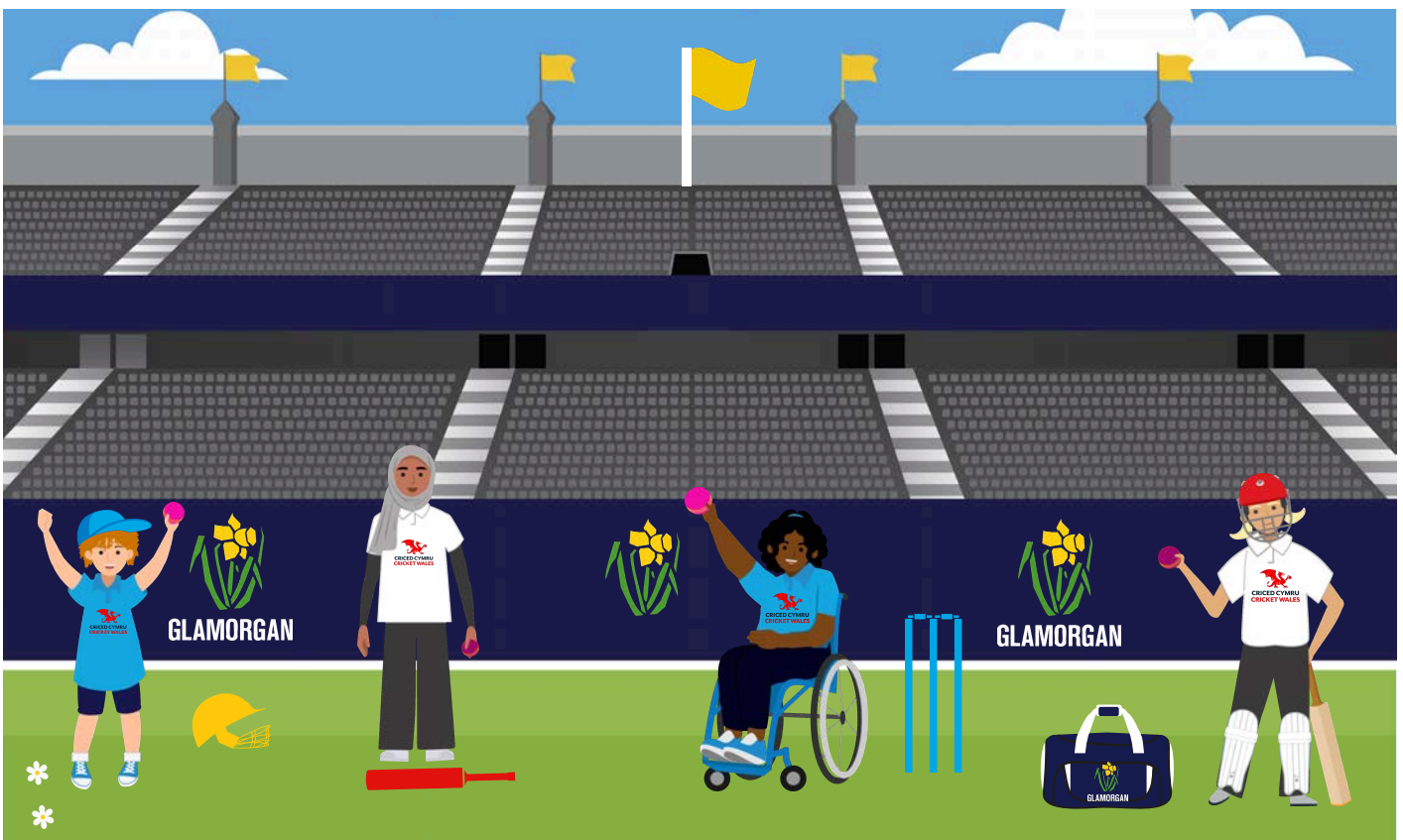
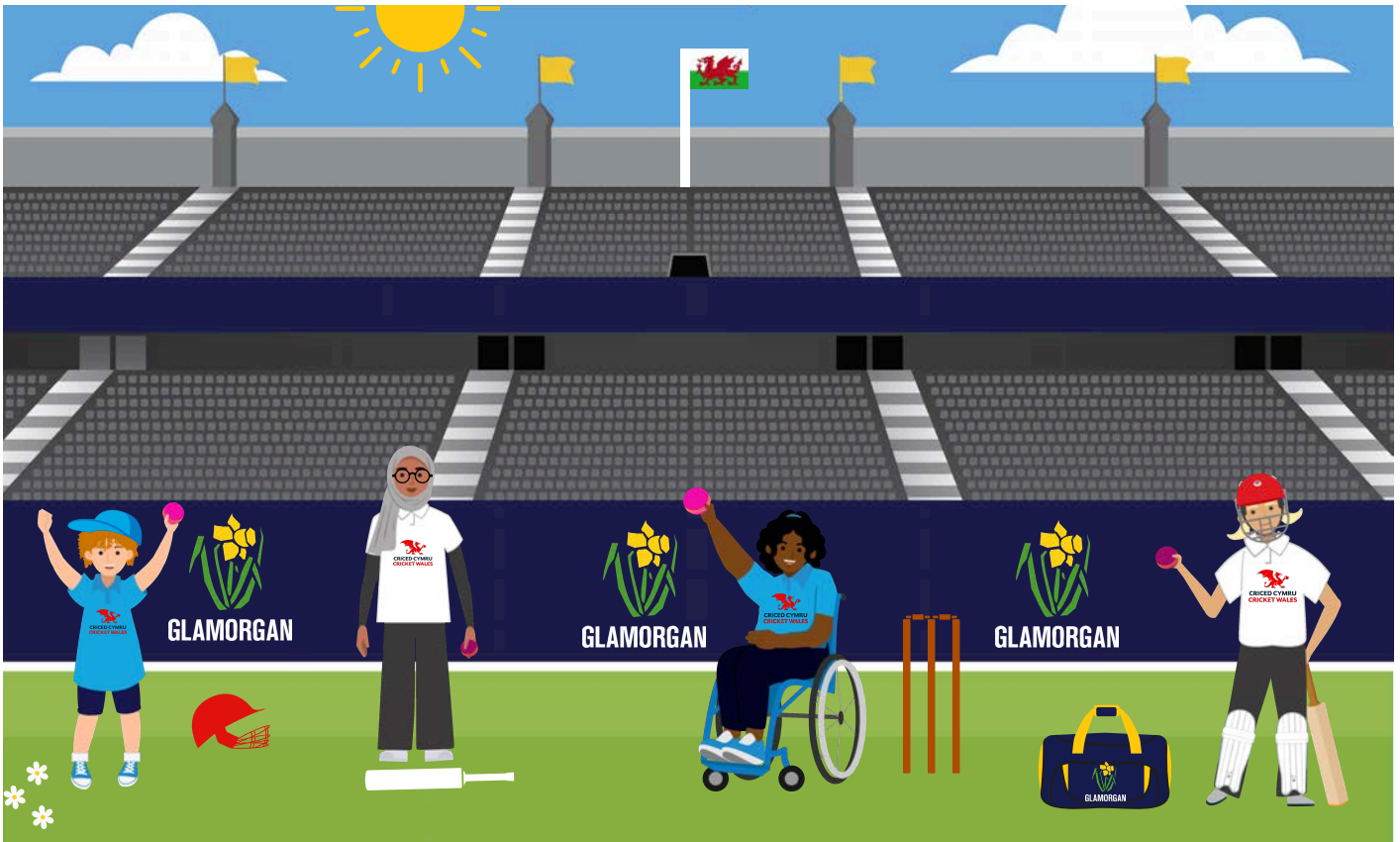


Activity 17



Spot the difference

Spot the 10 differences between the cricket scenes, circle them on the bottom image



Activity 18



Caption the photo

Look at the photos below and add some funny captions in the speech bubbles.



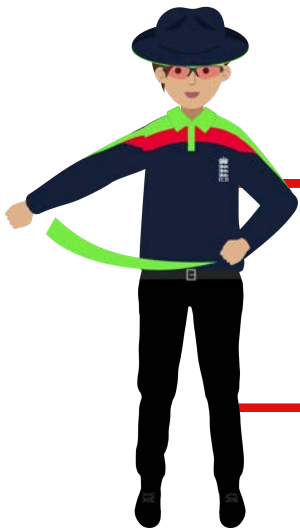
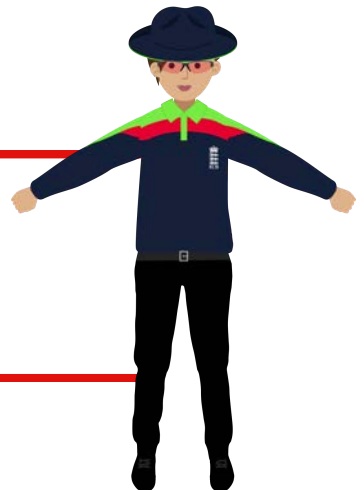
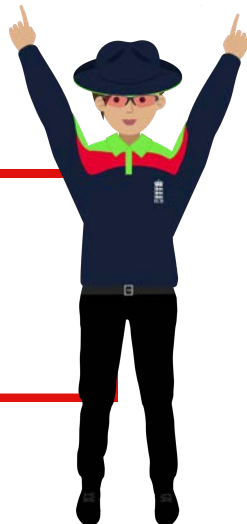
Activity 19



Guess the umpire signals

Take it further..

[Click here to learn more about cricket umpire Anna Harris](#)



Out

Four

Wide

Six

Leg-by

No-ball

Activity 20



Smoothie bowling

This Indian inspired smoothie is like sunshine in a cup, perfect for giving you fruity energy to dominate that cricket match!

Ingredients:

**1 cup frozen mango chunks
1/2 cup frozen peach chunks
1/2 cup plain yogurt
1/3 cup coconut cream (from a can – ask an adult to help open it!)
1/2 cup milk (dairy or plant-based is fine!)
Honey or maple syrup (optional, to taste)**

Instructions:

Prep party! Ask an adult to help you measure out the frozen fruit and yogurt.

Blend it up! Put all the ingredients in a blender. If your blender is feeling a little full, you can add the milk a bit at a time.

Get smooth! Blend everything together until it's nice and creamy. If your smoothie is too thick, add a splash more milk.

Taste test! Give your smoothie a try. If it's a little tart, you can add a drizzle of honey or maple syrup for extra sweetness.

Power up! Pour your Tropical Cricket Cooler into a cup and enjoy!
Tips:

**Don't have frozen fruit? No worries!
You can use fresh fruit instead, but your smoothie might not be as cold.**

Make it fancy! Pour your smoothie into a fun glass and decorate with a straw and a slice of mango or peach.

Feeling adventurous? Add a handful of spinach or kale to your blender for a hidden veggie boost!





THE HUNDRED

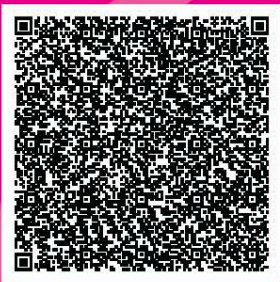
SHWMAE!

**THE HUNDRED IS BACK AT SOPHIA GARDENS FOR 2024!
MUSIC, ENTERTAINMENT & WORLD**

**WE'RE READY TO GET CARDIFF FIRING AGAIN THIS SUMMER WITH OUR
SUPERSTARS HARIS RAUF, SHABNIM ISMAIL, TAMMY BEAUMONT AND DAVID
WILLEY ALL LOCKED IN AGAIN FOR 2024.**

**DON'T MISS OUT ON YOUR EXCLUSIVE EARLY ACCESS TO TICKETS AT
EARLY BIRD PRICES, BUT YOU'LL NEED TO BOOK BY MIDNIGHT ON 23
APRIL 2024.**

**JUST LOG IN TO YOUR ACCOUNT ON [THEHUNDRED.COM](https://thehundred.com)
OR USE THE **QR CODE TO BUY.****



TICKETS START FROM

**U16 - £5
ADULTS - £13**



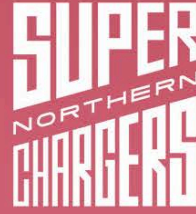
SOPHIA GARDENS, CARDIFF



28 JUL



05 AUG



08 AUG



10 AUG



2024

FIXTURES



THE HUNDRED

TICKETS ON SALE NOW!



WESTERN  **STORM**

FIXTURES 2024

Vs Sunrisers (H) Sat Apr 20
SOPHIA GARDENS

Vs Northern Diamonds (A) Wed Apr 24
TBC

Vs Thunder (A) Sat Apr 27
EMIRATES OLD TRAFFORD

Vs South East Stars (H) Wed May 01
THE COOPER ASSOCIATES COUNTY GROUND

Vs Southern Vipers (H) Sat May 04
THE SEAT UNIQUE STADIUM, BRISTOL

Vs The Blaze (A) Wed May 08
TRENT BRIDGE

Vs Southern Vipers (A) Sun Jun 30
THE 1ST CENTRAL COUNTY GROUND

Vs Northern Diamonds (H) Sun Jul 07
CHELTENHAM COLLEGE

Vs The Blaze (H) Wed Jul 10
CHELTENHAM COLLEGE

Vs Central Sparks (A) Fri Jul 12
NEW ROAD

Vs Central Sparks (H) Mon Aug 26
THE COOPER ASSOCIATES COUNTY GROUND

Vs South East Stars (A) Sat Aug 31
THE COUNTY GROUND, BECKENHAM

Vs Sunrisers (A) Wed Sep 04
RADLETT

Vs Thunder (H) Sat Sep 07
THE COOPER ASSOCIATES COUNTY GROUND

[westernstorm.co.uk](https://www.westernstorm.co.uk) [#stormtroopers](https://twitter.com/stormtroopers)

It all starts with...



Give your little star an **endless summer** packed full of fun and friendship

All Stars Cricket is the best first experience for all **5-8 year-olds**

Participants receive a **personalised kit bag** including bat, ball and t-shirt!



Sign up today at allstarscricket.co.uk



Mae'r cyfan yn dechrau...



Rhowch **haf diddiwedd** yn llawn hwyl
a chyfeillgarwch i'ch seren fach chi

Criced All Stars yw'r profiad cyntaf
gorau ar gyfer pob **plentyn 5-8 oed**

Mae pob un sy'n cymryd rhan yn
derbyn **citbag wedi'i bersonoleiddio**
sy'n cynnwys bat, pêl a chrys-t!



Cofrestrwch heddiw ar
allstarscricket.co.uk



DYNAMOS
CRICKETS

This is our game.

Calling all 8-11 year-olds!

Dynamos Cricket is the next step for All Stars graduates or the perfect intro to the sport for those new to the game.

Get involved this summer for 8 weeks of skills, games of Countdown Cricket and fun with friends.

Sign up today, at: dynamoscricquet.co.uk

DYNAMOS
CRICKET



Dyma ein gêm

Yn cyflwyno Criced Dynamos.

Rhaglen Griced newydd sbon ar gyfer rhai 8 i 11 oed sydd wedi graddio o All Stars, neu sy'n newydd i'r gamp! Cyfle ichi ddefnyddio'ch sgiliau mewn gêm griced ôl-gyfrif gyffrous, gyflym ac egnïol!

Dysgwch fwy ar dynamoscricke.co.uk

Cofrestru'n agor yn Chwefror





**WOMEN'S
SOFT
BALL
CRICKET**

IT'S GOING TO BE
EXPECTACULAR



**WOMEN'S
SOFT
BALL
FESTIVAL**

AGED 13+

Interested in playing Softball Cricket?

Contact:

SE Wales

Rebecca.Thomas@cricketwales.org.uk

North Wales

Rachel.Warrenger@cricketwales.org.uk

SW Wales

Carl.Holding@cricketwales.org.uk

Activity 21



Did you know?

What colour is the Dynamos T-shirt?

Name 3 ways you can be 'out' in cricket?

What is the colour of the ball women and girls play with?

How many runs do you score for hitting the ball over the boundary without a bounce?

What do they call the protective equipment hardball players wear on their legs?

What is the name of the one professional women's cricket team that play in Wales?

What position in a cricket team sounds most fun to you?

Do you enjoy cricket and know where to find out more about cricket?



Did you know?

What is the name of the fielder that stands behind the batter?

How many cricket clubs are there in Wales? 50, 100 or +190

Who is the current Western Storm Captain?

Can you list 3 benefits of playing cricket for each of the following aspects on your life:

Personal skills

Social skills

Mental health

Physical health



Congratulations!



**You have successfully completed the Cymru Cricket Challenge!
You are now part of our cricket family!**

Once you have completed a cricket festival or cricket taster session at your local club either on your own or with your unit.

Please visit the Girlguiding Cymru on-line shop to order your Cricket Challenge badges
www.girlguidingcymru.org.uk/shop

Download your certificates at girlguidingcymru.org.uk/cricketwales

To contact the Girlguiding Cymru, Active Programmes adviser contact Sarah-Jane deputychief@girlguidingcymru.org.uk



GENERAL ENQUIRES CRICKET WALES

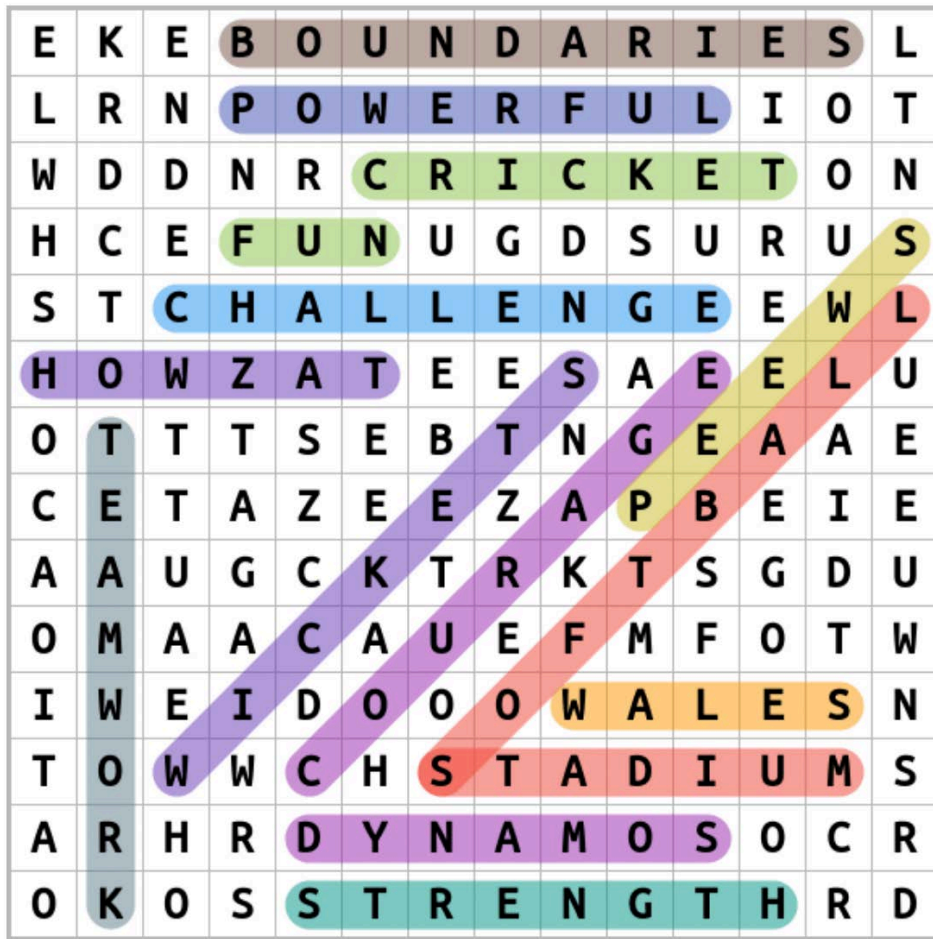
Rachel.warrenger@cricketwales.org.uk – North Wales
Rebecca.thomas@cricketwales.org.uk – South East Wales
Carl.holding@cricketwales.org.uk – South West Wales

Cricket Wales, Sophia Gardens, Cardiff, CF11 9XR

T: 02920872087 W: www.cricketwales.org.uk

Answers

Wordsearch



Did you know?

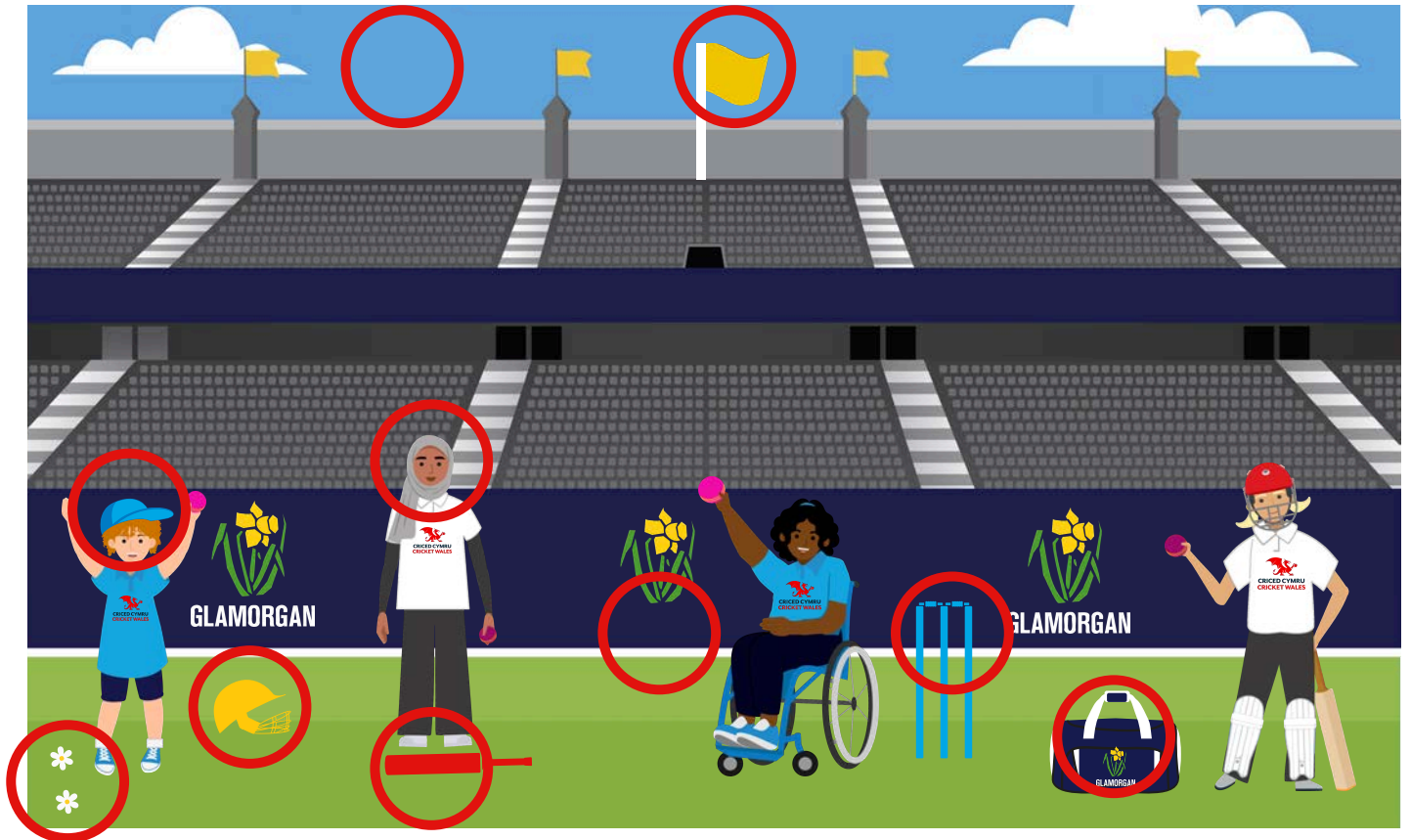
Rainbows and Brownies

- 1 What colour is the Dynamos t-shirt? Yellow
- 2 Name 3 ways you can be 'out' in cricket? Bowled, Caught, Run out
- 3 What is the colour of the ball women and girls play with? Pink
- 4 How many runs do you score for hitting the ball over the boundary without a bounce? 6
- 5 What do they call the protective equipment hardball players wear on their legs? Pads
- 6 What is the name of the one professional women's cricket team that play in Wales? Welsh Fire
- 7 What position in a cricket team sounds most fun to you? Your Choice
8. Do you enjoy cricket and know where to find out more about cricket? Cricketwales.org.uk

Guides and Rangers

- 1 What is the name of the fielder that stands behind the batter? Wicket keeper
- 2 How many cricket clubs are there in Wales? 50 100 +190 Answer is +190
- 3 Who is the current Western Storm Captain?

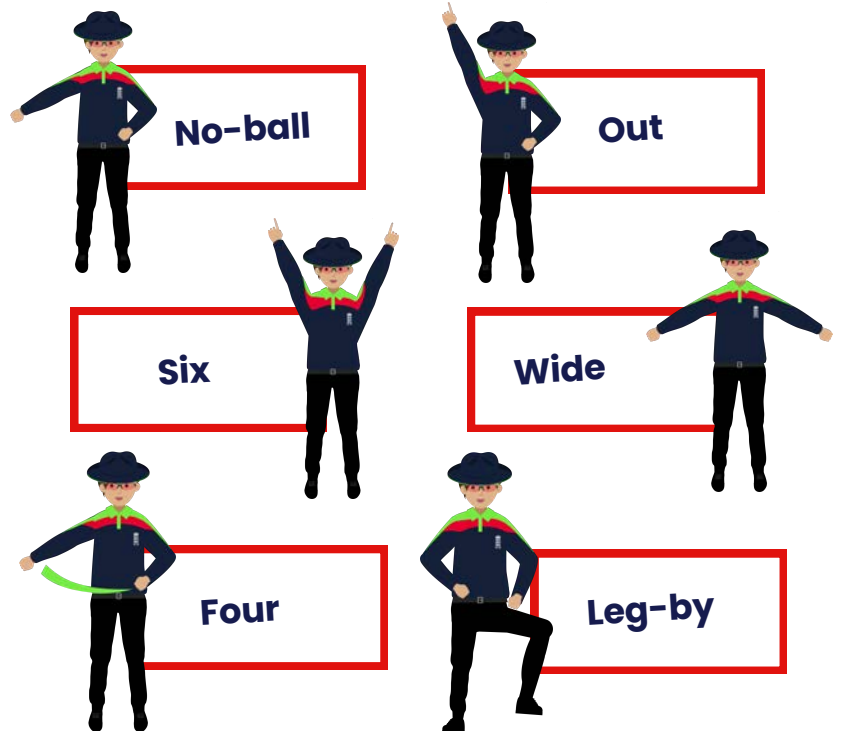
Answers



Umpire Signals

Name the players

Hayley Matthews
 Tammy Beaumont
 Claire Nicholas
 Alex Griffiths



Cricket fact quiz

Answers are
 available on page 3
 of the download



CRICED CYMRU **CRICKET WALES**

All Stars - Girls aged 5-8
Dynamos - Girls aged 8-11
Club Cricket - Hardball and soft ball options - Girls aged 11-12
Women's Softball Cricket - Girls aged 13+

GENERAL ENQUIRES CRICKET WALES

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Carl.holding@cricketwales.org.uk - South West Wales

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Girlguiding
Cymru

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W: www.girlguidingcymru.org.uk

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