



ganyr  
an eden project



ARIENNIR GAN Y LOTERI  
LOTTERY FUNDED



## The Big Lunch - Brownies

(2 meetings - in a row)

### Meeting 1 - (1 hour 30 mins)

10 mins	Collect subs, play start up game
15 mins	<p>Discuss the kinds of community gatherings that happen locally, or across the world. Talk about why people come together.</p> <p>Talk about The Big Lunch, why it's happening and what the Brownies will need to do (make invites, bring food etc).</p> <p>Make a list of what food the Brownies would like and who is going to bring which food and drinks (so they can include it in the invitation).</p> <p>Ask if any of the Brownies like to provide some entertainment.</p>
60 mins	<p>Round robin (or as a group):</p> <ol style="list-style-type: none"><li>1. Design an invitation to your Big Lunch</li><li>2. Decorate paper tablecloths (with felt tips)</li><li>3. Make and decorate bunting</li></ol>
5 mins	<p>Role play (or discuss) how to look after your guests when they arrive. For example: make sure they have a drink, know where to sit and have someone to talk to.</p>



## Meeting 2 - (1 hour 30 mins)

20 mins	Brownies arrive and help set up for The Big Lunch (tablecloths, food etc)
50 mins	<p>Visitors arrive, are greeted by the Brownies, offered a drink and shown where to sit.</p> <p>Once most people have arrived welcome everybody and explain the idea of The Big Lunch. Ask Brownies to give out community treasure hunt sheets and pens and start eating the lunch.</p> <p>Once everyone has finished eating, watch any entertainment then play some games</p>
20 mins	<p>Ask everyone to help clear up, and ask for a volunteer to take some recycling etc home with them (if necessary).</p> <p>If there is time then play another game.</p> <p>Thank everyone for coming.</p>



## Resources

### About The Big Lunch

The Big Lunch is a very simple idea from the Eden Project. The aim is to get as many people as possible across the whole of the UK to have lunch with their neighbours annually on or around the first Sunday in June in a simple act of community, friendship and fun.

Since starting in 2009, thousands of Big Lunches have taken place in all types of community across the UK. Last year 3.65 million people took to their streets, gardens and community spaces for the fifth annual Big Lunch. A Big Lunch can be anything from a few neighbours getting together in the garden or on the street, to a full blown street party with food, music and decoration that quite literally stops the traffic.

Girlguiding Cymru has made a promise to encourage its 20,000 members across Wales to get involved.

### Invitation ideas:

Make sure you include the time, date and place of your Big Lunch, who to contact to say if they are coming and what they need to bring.

**Y cinio mawr / The big lunch**  
eden project  
ASDA Matala Sainsbury's

I/To  
Enter recipient name here.....

Ymunwch â ni yng Nghinio Mawr /  
Join us at the  
Enter your lunch details here...

Big Lunch!

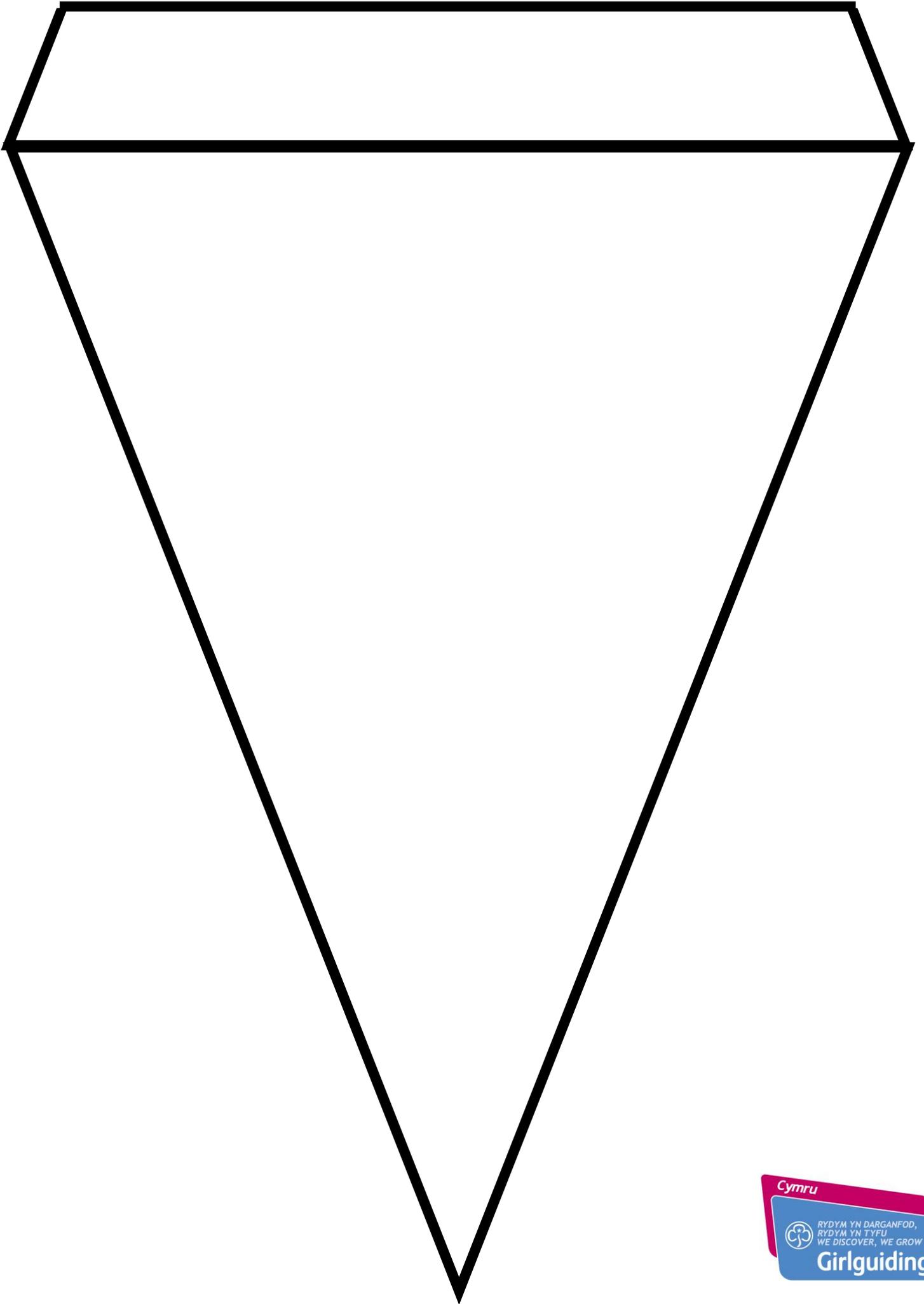
Un diwrnod mewn blwyddyn i gymdogion y  
DU ddod at ei glydd / The UK's annual one  
day get together for neighbours

Dyddiad/Date: Enter date here...  
Amser/Time: Enter time here...  
Lleoliad/Location:  
Enter location here...  
RSVP:  
Enter RSVP details here...  
Gwybodaeth ychwanegol/  
Extra info:  
Enter extra details here...

Beth fyddwch chi'n ddod â y nemod?  
What will you bring to the table?  
www.thebiglunch.com

### Easy bunting:

Cut out triangle of paper, fold over the top 3cm as a flap. Decorate triangles. Space out the triangles along a piece of string (remember to leave about 50cm at the end for tying it up) and sellotape the flaps down.





## Suggestions of games to play:

- Irish stew (picnic based)

Stand in lines of 5, the first person in each line is named table, the second is named table cloth, third is named sandwiches, fourth is crisps and fifth is cake. When their name is called the players run up the hall, around a chair (or other object) and back to their lines. The first person back gets a point. A tablecloth cannot run without a table so if tablecloth is called then they must take the table with them (holding hands). If picnic is called then all the team must hold hands and run, the first team back (in one piece) gets a point.

- The mars bar game

What you'll need:

- 2x mars bar
- 2x dice
- 2x knife and folk
- 2x scarf, hat, gloves, coat (or other outer clothing)

Big Lunchers take it in turns to roll the dice. The first person to roll a double races to put on the outfit and tuck into that tasty chocolate using the knife and fork. The other players keep trying to roll a double. As soon as another player rolls a double it's their turn to put on the outfit (as quick as the first player can take it off - no stalling!) and get eating.

- Kingsmill's Munchy Memory Game (Kim's Game)

What you'll need:

- Tray
- Tea towel
- Pen and paper
- Various food items (or packaging)

You'll need to use a number of food items for this game. Anything from your fridge or kitchen cupboards will do - although the smaller the better. Place some of the items onto a tray and let the participants have a good look. After 30 seconds cover the tray with a tea towel and get the players to write down as many objects as they can remember. The person with the most objects on their list will be the winner.



- Community treasure hunt

Create a list of questions and give the list to all the Big Lunchers. Everyone has to try and find someone who fits the bill for each question. The winner is whoever has answers for the most questions by the end of lunch.

- Obstacle course

Made from whatever you've got! Crawling under tables, bouncing balls, relay race, balancing things on hands or heads, use your imagination.

More games can be found at [www.thebiglunch.com](http://www.thebiglunch.com)

## Shopping / to bring list

### Meeting 1

- Meeting plan
- Paper / light card to make invitations
- Invitation template (if you are using one)
- Paper tablecloths
- Felt tips / pens / pencils
- Triangle template (if you are using one)
- Scissors
- Paper for bunting (recycled paper (eg magazines) or plain paper to decorate)
- String
- Sellotape

### Meeting 2

- Meeting plan
- Tablecloths
- Bunting
- Cups / plates / bowls / cutlery / napkins
- Cloths for spills
- Any extra food or drink required
- Community treasure hunt sheets
- Pens
- Bin bags / recycling bags
- Anything needed for the games you have chosen (including prizes)



## Community Treasure Hunt

Can you find someone who:

Is the oldest person here?	Has two sisters?	Has a cat?	Is the youngest person here?
Has a name starting with 'S'?	Can ride a bicycle?	Loves chocolate?	Has been on holiday abroad this year?
Likes reading Jacqueline Wilson?	Has a son?	Works shifts?	Has stayed in a caravan this year?
Likes to sing in the shower?	Is ticklish?	Is on a diet?	Favourite animal is a dolphin?
Enjoys coming to Brownies?	Likes One Direction?	Hates sprouts?	Can speak another language?